

Cameron Grant

MEMORIAL TRUST

SUPPORTING MENTAL HEALTH IN YOUNG PEOPLE



Thank you for coming to take part in the Night Walk this evening. In this pack you will find a map of the route and a description of how to navigate your way around it. The numbers in the route description correspond to the numbers on the map (example: 31) Please bear in mind the following as you go around the route:

- **IT IS VERY IMPORTANT TO US THAT YOU CHECK IN AND OUT AS FOLLOWS:**

1. **1** At the start at the Fentham Hall
2. **Barston Memorial Institute Village Hall** At Barston Memorial Institute Village Hall
3. **24** Next to the driving range at West Midlands Golf Club
4. **29** On leaving The Lake
5. **39** At the end at the Fentham Hall

Some walkers may choose to stop at Barston Memorial Institute Village Hall or at West Midlands Golf Club. No problem, but please let us know at the checkpoint if you are stopping.

- Night Walkers will have access to the toilets at Barston Memorial Institute Village Hall. However, there is a function on at West Midlands Golf Club and Night Walkers are asked not to use the toilets at the clubhouse.
- If you have a dog with you, please keep your dog on a lead at all times. Please be a responsible dog owner and make sure to clear up after your dog – there will be lots of people walking behind you who don't want to find an extra nighttime surprise!
- The route passes close to some properties that you may not even be aware of and we ask all walkers to be quiet and considerate as you make your way around.
- Please take any and all litter home with you.
- If you need some medical assistance during your walk please ask any marshal to call Central Fast Response, the team of Community First Responders who have again generously agreed to be on call at no charge to assist us during the Night Walk. If you encounter difficulties before you get to a marshal the telephone numbers you can call for assistance are:
 - Carol Grant 07736 601295
 - Evan Grant 07940 761799
- If you have an *emergency* of any kind please call emergency services on 999 as your first priority.
- **Enjoy the event and have Fun!**

Night Walk Route Instructions

- 1) Please check in at the Fentham Hall on arrival. Then, from Fentham Hall Car Park in front of the Arden Room, go into the field, turn left in the field and follow the path to a kissing gate
- 2) (estimated distance from the start of the walk - 140m) Turn right into a narrow strip between 2 fields. Go straight through an open gate (with a little-used stile to its right) to a kissing gate at the bottom of the narrow strip.
- 3) (265m) Go through the kissing gate, turn right and go through the open gateway on the right into a field. Once in the field, turn left immediately and follow the footpath close to the hedge, keeping the hedge to your left. Just before coming to the hedge at the end of the field the path jinks slightly left then right between two hedges to another kissing gate. Watch out for overhanging branches.
- 4) (380m) Follow through the kissing gate into the next field and continue in the same direction as before, with the hedge still on your left, to another kissing gate.
- 5) (450m) Go through the kissing gate and continue in the same direction, now crossing through the middle of an open field. There will be a light on a pole ahead in the field to guide you. Pass this and follow down the slope to a wooden bridge with handrails.
- 6) (680m) Go over the bridge across a stream and continue in the same direction up and across another open field with a light to guide you towards a gap in the hedge ahead.
- 7) (770m) Go through the gap and continue in the same direction across a field on a very clear path through a tall crop of maize. *(If the maize is cut by the time of the walk the path will be less clear but there will be a light to guide you.)*
- 8) (970m) On crossing into the next field, the path veers very slightly right and goes down across the field. Look out for a light ahead to guide you.
- 9) (1.14km) The path now winds its way past some bushes and long grass for about 80m. This is a little overgrown and can be boggy so watch your head, and your step.
- 10) (1.22km) The path emerges on to a short wooden bridge with no handrail. If it is raining or has been wet, **the bridge may be slippery**. Cross this with care and follow the path across the next field keeping close beside the hedge on your left.
- 11) (1.33km) Follow the path on into the next field and continue up the hill. You will be walking between a hedge on your left and some bushes, long grass and trees on your right.
- 12) (1.53km) At the end of the field the path goes slightly left and right, then up a short slope (again, this will be slippery if wet, so please take care). Follow straight on at the top of the slope and take the path as it follows between two hedges. (The West Midlands Golf Course opens out to your left, but please do stay on the footpath and keep a hedge between you and the course). After a couple of hundred metres the path slopes down, still between 2 hedges, and across a very small stream (marked on the map but hard to see).
- 13) (1.95km) Carry straight on to a rough vehicle track that leads up to a kissing gate and Oak Lane.
- 14) (2.15km) Turn right on to Oak Lane and follow Oak Lane all the way to Barston Lane. (Oak Lane is a quiet cul de sac but do watch out for road traffic and make sure your head torch is on so other road users can see you.)
- 15) (2.68km) Turn left on to Barston Lane keeping to the pedestrian footpath. (Barston Lane is a through road – please take special care to watch for traffic.)
- 16) (2.83km) Just after you pass the car park entrance to The Bulls Head cross the road to where marshals will guide you up the drive to the Barston Memorial Institute Village Hall. Please check in here and enjoy some refreshments.
It is very important to us that all Night Walkers go the Village Hall to check in so we don't lose anyone!
- 17) (2.89km) On leaving the Village Hall, turn right on to Barston Lane and keep on the pavement. Check that your head torch is still on so that you are visible to road traffic. Keep on the right-hand side of the road as you leave the village and the pavement ends. Take special care with any oncoming traffic. **Keep on the right all the way past Barston Hall until you come to a marshal opposite Ryton End.**
- 18) (3.46km) Following the guidance of the marshal, go straight across Barston Lane and continue up Ryton End (this is a very quiet cul de sac, but does have occasional traffic, so keep alert and keep that head torch shining)
- 19) (4.33km) There is a closed gate at the end of Ryton End. Go through the gap to the left of the gate and keep straight on. A disused farm trailer is parked on the far side of the gate. You will pass with this close by on your right – take care not to bang your head! You are now on an unsurfaced road.
- 20) (4.46km) Follow the unsurfaced road as it turns right. (DO NOT go straight in into the open field/golf course)
- 21) (4.59km) Follow the unsurfaced road as it turns left. You are now walking close to the River Blythe below you on your right; take care to stay on the road!

- 22)** (4.70km) Where the unsurfaced road emerges from under the cover of trees, continue straight on following the unsurfaced road. Ignore the footpath signs pointing to the right. As you follow the unsurfaced road towards the clubhouse, you will pass a bank of solar panels on your right and the driving range on your left.
- 23)** (4.83km) As you reach the golf club access road, turn left and walk keep on the verge to walk along between the road and the end of the driving range. Please take care to lookout for traffic.
- 24)** (4.88km) Please visit our checkpoint at the end of the driving range where there will also be further refreshments. **It is very important to us that all Night Walkers check in so we don't lose anyone!**
- Many thanks to Mark Harry and the West Midlands Golf Club** who have supported us by allowing us to have the checkpoint and refreshments by the driving range, and by making a donation to Cameron Grant Memorial Trust. For those looking for something stronger, this year the West Midlands Golf Club will also have a range of drinks available for sale to Night Walkers from the golf shop. Please note that, as before, there is a function on in the clubhouse on the night of 11 Oct and Night Walkers are asked not to use the bar or the toilets in the clubhouse.
- 25)** (4.99km) Having checked in, continue along the access road, past the end of the clubhouse on your right and across the grass towards The Lake.
- 26)** (5.08km) As you approach The Lake you will reach a concrete golf buggy track. Turn left and follow along this track as it skirts The Lake and then merges into an unsurfaced lakeside road used by the anglers. The unsurfaced road around The Lake is broad and open, though with a few potholes, and is well away from The Lake on the right. **But do take care to avoid the water!**
- 27)** (5.56km) Follow the unsurfaced road straight on into a small car park. (**DO NOT** follow the footpath as it veers right from the unsurfaced road towards The Lake)
- 28)** (5.63km) At the end of the car park, turn right through a gap in the fence, then left back on to the on to the path around The Lake. Keeping The Lake on your right, follow the path around.
- 29)** (5.78km) Turn left to leave The Lake over a wide wooden bridge. **Please check in with the marshals here – we still don't want to lose anyone.**
- 30)** (5.94km) Before reaching Marsh Lane, turn left on a signed footpath that goes through a small wooded area to a kissing gate.
- (For an alternate route back to Hampton avoiding the only stile on the route and a couple of fields that may be muddy, do not turn left at 30), but continue on to Marsh Lane. Turn left on to Marsh Lane and follow it back to the village taking care to watch for traffic. Towards the top of Marsh Lane, opposite the end of Fentham Road, turn left into the car park for The Beeches and follow on round to the Fentham Hall to **CHECK OUT of the route. We will come looking for you if you don't! And, please, no muddy feet or shoes in the Hall.**)*
- 31)** (5.96km) Go through the kissing gate and follow the path across the middle of a field to a stile. There will be a light to guide you across.
- 32)** (6.12km) Go over the stile. **Take care on the far side as you step down on to a narrow plank across a small ditch.** Follow the path across the next field to a kissing gate. There will be a light to guide you.
- 33)** (6.32km) Go through the gate and cross the next field towards another light and another kissing gate.
- 34)** (6.40km) Go through the kissing gate along a narrow enclosed path. Emerge on to Bellmere Road and go straight across the end of Bellmere Road to another kissing gate.
- 35)** (6.54km) Go through the kissing gate. Ignore another kissing gate just ahead and to the right. Instead, follow the footpath along the side of the field keeping the fence/hedge on your right until you come to another kissing gate (previously visited at step 3) above)
- 36)** (6.79km) Go through the kissing gate and follow the path up the narrow strip between 2 fields. After going through an open gate, then bear left to the kissing gate last used at step 2).
- 37)** (6.91km) Go through the kissing gate and make your way across the field back in front of The Beeches and The Fentham Hall.
- 38)** (7.02km) Turn right back through the gates into the Fentham Hall car park and go on into the Hall to **CHECK OUT of the route. We will come looking for you if you don't! And, please, no muddy feet or shoes in the Hall.**
- 39)** The bar will be open afterwards in the Arden Room, there will be live music and there will be hot food on sale from Premier Mobile Catering outside the Hall. Please stay on to share tales of your walk in the dark!